



**SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA**
Azienda Ospedaliera di Reggio Emilia
Arcispedale S. Maria Nuova



Istituto in tecnologie avanzate e modelli assistenziali in oncologia
Istituto di Ricovero e Cura a Carattere Scientifico

Dipartimento Oncologico e Tecnologie Avanzate
Gastroenterologia - Endoscopia Digestiva

Dott. Romano Sassatelli - Direttore

PREPARAZIONE ALLA GASTROSCOPIA PREPARING FOR A GASTROSCOPY

An esophagogastroduodenoscopy requires at least 6/8 hours of fasting.

If your examination is performed in the morning, you should not eat anything after a light meal the evening beforehand, while if your examination is scheduled after 2:00 pm, you may have a light breakfast in the morning before 8:00 am with tea and 2 biscuits or 2 slices of zwieback (no milk).

If you are diabetic, you should not eat anything for at least 12 hours.

In any case, you may drink small quantities of tea, water or sweetened water up to an hour before your examination.

PER CHI ASSUME FARMACI O E' AFFETTO DA MALATTIE IF YOU ARE TAKING ANY MEDICATIONS OR ARE ILL

Before your examination, you must inform the gastroenterologist about any major illnesses, drug treatments or allergies you have.

If you are taking any anticoagulant medications (Sintrom, Coumadin, new oral anticoagulants, etc.), you must contact your GP or the relevant haemostasis centre about ten days beforehand, so that your INR will be below 2 on the day of your endoscopic examination (your dosage should be taken the day before or on the day of the procedure).

If you are taking any monotherapy antiplatelet medications (low-dose aspirin, Ascriptin, Cardirene, Tiklid, Plavix, etc.), you may continue with your treatment and suspend it the morning of your procedure; while if you are taking several antiplatelet medications (e.g. aspirin + Clopidogrel, etc.), you should consult your GP or cardiologist about the possibility of temporarily suspending one of the two drugs.

On the day of your examination, you may continue taking your current treatment (medication for your heart, respiration, blood pressure, circulation, antiplatelet medications, etc.); however, medication must not be taken the hour before your endoscopic examination starts.

If you are allergic to latex, please contact the secretary's office or the service coordinator at least one week beforehand.

If you have any doubts, you may contact the gastroenterology and digestive endoscopy service for information.

RACCOMANDAZIONI GENERALI GENERAL ADVICE

You must take out any removable dentures before your examination.

Please bring your previous medical documents on the endoscopic examination.

If you wish to be sedated for your gastroscopy, you must bring someone with you, since for 12 hours afterwards you must not perform any activities that require alert reflexes, such as driving a vehicle or even just walking alone down the street.